**Raising Our Voices Radio shows for 2020**

**Raising Our Voices – 16 Days of Activism against Gender Violence 9.12.2020**

16 Days of Activism against Gender Violence Gender based Violence and People with a Disability. Jane Rosengrave, Lisa Brumtis and Bronwyn Trickett discuss gender based violence, domestic violence and cyber bullying on a global scale, what the statistics say and how far we have come in the last 30 – 50 years as part of 3CR’s #16 Days of Activism against Gender Violence Broadcasts for 2020 <https://www.youtube.com/watch?v=3cgVBH8858s>

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**Raising Our Voices – COVID-19 & Disability Royal Commission 11.11.2020**

Susan, Heather, and Lisa from Positive Powerful Parents(link is external), Reinforce(link is external) and Bim(link is external), share their experiences of making submissions to the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Mark, disability advocate from AMIDA To check the progress of the commission viisit the website at <https://disability.royalcommission.gov.au/about-royal-commission/our-sch> <https://www.youtube.com/watch?v=CWVE_5hnu8M>

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**Raising Our Voices – COVID-19 & Mental Health for people with disability 14.10.2020**

This month we are discussing COVID- 19 & Mental Health for people with Disability. Lisa from Brain Injury Matters, Susan from Reinforce, Warren from Voice At The Table and Bronwyn from AMIDA share some tips and discuss the different ways they have meet the challenges of Victoria’s COVID-19 lockdowns. <https://www.youtube.com/watch?v=r6bZmyWUUCA>

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**Raising Our Voices – Voice At The Table Returns 9.9.2020**

This month we are joined again by the crew of VATT Chat a peer led initiative to make sure everyone can participate in meetings and places where decisions are made. In this follow up episode we’re talking about the role of self advocates in meetings.  
VATT (Voice at The Table) is a SARU initiative providing practical information to ensure people with a cognitive disability have a real and equal voice on boards, committees and advisory groups.  
The VATT Chat podcast has been made as part of SARU’s Inclusive Meeting Training package. It is for Self Advocates, Organisation staff and Meeting Chairs.  
All 6 episodes will be officially launched in October. You can hear the first 2 Episodes of the podcast by following the links at Voice at the Table Facebook(link is external) page or the website voiceatthetable.com.au <https://www.youtube.com/watch?v=8qy3roifBjI>

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**Raising Our Voices – Voice At The Table 12.8.2020**

Voice at the Table This month we are joined by the crew of VATT Chat – a peer led initiative to make sure everyone can participate in meetings and places where decisions are made. VATT (Voice at The Table) is a SARU initiative providing practical information to ensure people with a cognitive disability have a real and equal voice on boards, committees and advisory groups. The VATT Chat podcast has been made as part of SARU’s Inclusive Meeting Training package. It is for Self Advocates, Organisation staff and Meeting Chairs. All 6 episodes will be officially launched in October. You can hear the first Episode of the podcast by following the links at Voice at the Table Facebook(link is external) page or the website voiceatthetable.com.au (link is external) <https://www.youtube.com/watch?v=1bZC78DTqbc>

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**Raising Our Voices – Catching Public transport during COVID-19 8.7.2020**

Kerri Cassidy from Disability Resource Centre joins Jane from Reinforce, Lisa from Brain Injury Matters(link is external), Bronwyn from AMIDA & Luke from Reinforce to share tips about Public Transport use during COVID- 19 for people with Disability. || Are some types of transport safer than other types? Does wearing a mask and or gloves help?, where can people get advice if they need to about public transport use and what improvements need to be made for people to feel safer? Produced and recorded in the studios of Community Radio 3CR in Melbourne Australia <https://www.youtube.com/watch?v=hiuFdOaA_WU>

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**Raising Our Voices – Staying connected during COVID-19 -10.6.2020**  
How it is for you during COVID- 19?  
For people with Disability there are some things to be considered that may not apply to people without Disability.  
Join Amanda, Lisa, James and Justin as we share our experiences and stay connected during COVID -19, and talk about the importance of 3CR for giving people with Disability a voice about a whole range of topics, for over 30 years.  
**June is usually Radiothon month at 3CR. At this time during COVID- 19 the station are doing this a bit differently.**  
**Please donate to the station to keep it running! 3CR are doing a fabulous job to keep our voices being heard.** <https://www.youtube.com/watch?v=qbdCTgAsoyE>  
  
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**The Royal Commission into Violence, Abuse, Neglect & Exploitation of People with Disability – 13.5.2020**  
Colin and Jane talk about their experience of presenting at the Disability Royal Commission and speak about why the voices of people with disabilities are so important for recommendations, changes and shaping all our futures. Change happens when we Raise Our Voices together and share our stories. <https://www.youtube.com/watch?v=XHD5iSIQUeQ>   
  
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**Celebrating Raising Our Voices 8.4.2020**  
COVID-19 may mean we can’t get together physically this month but we can still celebrate the show and the important self advocacy work the team has taken part in over the years.  
This month we feature highlights on a range of topics from Powerful Parenting to Acquired Brain injury (ABI), access to the Footy and Public Transport and a nod to Sci Fi Fan Clubs. We hope you enjoy the show and stay safe! <https://www.youtube.com/watch?v=7-1EZ4weDx8>   
  
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**Raising Our Voices – Having a Say Conference 12.3.2020**

Norrie Blythman, James Teeken and Kevin Stone share highlights and plan for next years conference.  The Having a Say Conference took place on 24, 25 and 26 February The Having a Say conference is organised by [VALID](https://www.valid.org.au/) (Victorian Advocacy League for Individuals with Disability) and is the largest conference for people with disabilities within Australia where people can find their voice, to speak up, to be heard and to be respected.

This is the conference where people listen to each other, not just to the speakers on stage. This is the conference where people respect each other’s views and opinions, and celebrate their common cause. <https://www.youtube.com/watch?v=Ua5uZ3xo3t4>   
  
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**Raising Our Voices – Walk in my shoes – Homelessness 12.2.2020**

Walk in My Shoes…Homelessness Homelessness and it’s effect on people with disabilities. If more politicians had a lived experience of homelessness, institutionalisation or disability would we see a change of government support? Ariane Garner-Williams, James Teeken, Jane Rosengrave and Pauline Williams discuss homelessness and how it happens. AMIDA are currently putting in a submission to the Parliamentary Inquiry into Homelessness which closes on March 16th 2020. In the lead up to this we revisit A Walk in My Shoes – a discussion held in 2017 in response to the Victorian governments announcements at the time on tackling homelessness and the impact on people with disabilities. At the time of the discussion – the Federal Government had rejected all calls for a Royal Commission into institutional abuse of people with disability. As we know an election took place and the government bowed to pressure from advocates everywhere . The Royal Commission is now under way and will run for three years until 2022. We await the outcome. For more information contact AMIDA on (03) 9650 2722 Music: The Choir of Hard Knocks live cover of Missy Higgins The Special Two (Melbourne Town Hall 2007) Produced and recorded in the studios of Community Radio 3CR in Melbourne Australia <https://www.youtube.com/watch?v=XG8P8On3_iI>

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**Raising Our Voices – Jane Rosengrave  Free as a bird 8.1.2020**

Jane Rosengrave in conversation with Pauline Vetuna – part of 3CRs Power From the Margins Disability Day 2019 broadcast. Jane talks about leaving abusive relationships, fighting institutional abuse, finding her power and independence through self advocacy and becoming free as a bird.  
<https://www.youtube.com/watch?v=udNxlDyV8Ds>

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