

# **Statement of Rights and Beliefs**

## **Action for More Independence and Dignity in Accommodation (AMIDA)**

1. All people should live in the community, not institutions.
2. Everyone, whether disabled or not, has the right to choose where they live, with whom they live and the type of building they live in.
3. Everyone, whether disabled or not, has the right to live in places which are normal, good quality housing for that community.
4. All different types of housing should be decent and affordable.
5. Everyone has the right to an adequate level of income.
6. Everyone has the right to the opportunities and skills necessary to grow as much as they want to.
7. Everyone has the right to opportunities and skills for a variety of satisfying work.
8. Everyone has the right to opportunities to make friends and have normal support from friends and to decide how much involvement they want with the community around them.
9. Everyone has the right to control the services which they use.
10. Everyone has the right to use all community services if they wish to do so, and the right to any assistance needed to help them use such services.
11. Everyone has the right to spare time, and to do what they want with it.